

DIABETES - CLINICAL MEASURES

APCC DIABETES EXPERT REFERENCE PANEL

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HBA1C

≤ 7.0

HbA1c

The percentage of people on the Diabetes Register whose HbA1c has been recorded within the previous 12 months AND whose last recorded HbA1c result was less than or equal to 7.0%.

HbA1c Bands

Also captured are the following bands
 HbA1c >7% and ≤8 %
 HbA1c > 8% and ≤ 10%
 HbA1c > 10 %
 HbA1c not recorded

ASPIRIN

Age ≥ 55 &
on Aspirin

Aspirin

The percentage of people on the Diabetes Register who are aged greater than or equal to 55 AND who are recorded as being prescribed or taking aspirin

The ERP felt that there is sufficient evidence of the benefits of aspirin (but not clopidogrel) for people with diabetes aged ≥55

LIPIDS

Chol <4.0

Cholesterol

The percentage of people on the Diabetes Register whose total cholesterol has been recorded within the previous 12 months AND whose last recorded total cholesterol was less than 4mmol/l

Recorded

The percentage of people on the Diabetes Register whose total cholesterol has been recorded within the previous 12 months

The ERP felt that including a lipid target was appropriate. Best evidence would suggest a target of LDL < 2.0, but LDL is not available in all circumstances (including when there are elevated triglycerides). 'Lipids recorded' allows practices to differentiate between those whose lipids have not been recorded and those who are not to target.

MICROALBUMIN MEASURE

Microalbumin

ACR

The percentage of people on the Diabetes Register who have had an urinary ACR or other urinary Microalbumin test result recorded within the previous 12 months

The ERP felt that the evidence supported at least annual monitoring of urinary microalbumin.

BLOOD PRESSURE

≤ 130/80

Blood pressure

The percentage of people on the Diabetes Register whose blood pressure has been recorded within the previous 12 months AND whose last recorded blood pressure was less than or equal to 130/80

BP Recorded

The percentage of people on the Diabetes Register who have had a BP recorded within the previous 12 months

'BP Recorded' is a new measure that allows practices to differentiate between those whose BP is not to target and those whose BP has not been recorded at all. 'Less than or equal to' was considered more practical than 'less than'.

IMMUNISATION

Influenza
Pneumococcus

Influenza

The percentage of people on the Diabetes Register who are recorded as receiving an influenza vaccine within the previous 12 months

Pneumococcus

The percentage of people on the Diabetes Register with a recorded pneumococcal immunisation.

DIABETES KEY MEASURABLES



Key Measurables

The percentage of people on the Diabetes Register who have all key measureables recorded within the required timeframe AND whose recordings are ALL within the recommended targets

Recorded

The percentage of people on the Diabetes Register who have all key measureables recorded within the required timeframe.

Annual Cycle of Care

The percentage of annual cycle of care elements recorded for people on the Diabetes Register. The Annual Cycle of Care activities are BMI (x2), BP (x2), Feet exam (x2), Chol, Trig, HDL, ACR, Diet review, Activity review, Smoking status, Self care education, Medicine review and eye exam (maximum points therefore =17)